

# JOGINPALLY B.R. ENGINEERING COLLEGE

(Approved by AICTE & Affiliated to JNT University, Hyderabad)
Yenkapally (V), Moinabad (M), Himayath Nagar (Post), R.R. District, Hyderabad - 500 075.

# A REPORT ON THE INDUCTION PROGRAMME 2025-26

# CONDUCTED BY THE

# DEPARTMENT OF HUMANITIES AND SCIENCES JOGINPALLY B. R. ENGINEERING COLLEGE

Venue1: Joginpally B.R. Engineering College

Venue2: JB Architecture College,

#### Report on Induction Programme for I B.Tech., students

#### **Introduction**

An induction programme was conducted at JBREC from 22 August to 30 August 2025 It was a formal orientation and integration process for new students to familiarize them with our organization's culture, policies, procedures, and their specific roles. It aimed at making individuals feel welcome, prepared, and competent by connecting within the new environment

#### Ice breaking session

An ice breaking session was conducted to the students at Venue 1 from **10.00AM** to **10.30AM**. A short activity was designed to help freshers to get to know each other, build rapport, and create a comfortable atmosphere for collaboration or discussion. These sessions involved getting to know each others names, background, objectives, goals, interests etc.

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#### Principal- Dr. Venkata Ramana Reddy 's Address

The principal's induction speech began with a warm welcome to the students and introduced themto the Institution's mission and values, followed by an overview of key facilities available in the institution, academic programs, and important policies of the institution to help new students adjust to the College environment. The speech then transitioned to inspiring and motivating students, highlighting the opportunities for growth, leadership, and community participation. Finally, the speech concluded with a clear call to action, encouraging active engagement and expressing confidence in the students' future success.



#### MR.S.KENNEDYBABU-EDCDEAN Time Management

Explained about the importance of Time Management. Time management involves demands relating to work, social life, family, hobbies, personal interests and commitments. Using time effectively gives people more choices in managing activities. [2] Time management may be aided by a range of skills, tools and techniques, especially when accomplishing specific tasks, projects and goals complying with a due date.



#### **Students Activity Centre Cultural events**

Students Activity Centre conducted cultural events and entertained the students.

#### Yoga session by Vishwa spoorty, Hyderabad

Vishwa Spoorty, Dhyana Mano Prastanam is conducted Yoga & Medition

Dhyan is Meditation. Meditation is usually preached as concentrating on breath or an object. By doing so what can be attained is a temporary relaxation of mind that results due to shifting focus away from day to day activities. However after an hour or so we have to keep servile to the circumstances of day-to-day living. Meditation has certainly a greater purpose and varied benefits that accrue out of it. The fact that Mind is the core element of meditation necessitates an understanding about mind before we venture in to meditation. It is obvious that only when we have a comprehensive understanding of a tool its usage is possible. (Like what is writing without a pen or pencil?) Meditation is being talked about extensively through all media but the tool that meditates – the mind – is not talked about.





#### Importance of Soft skills - Mr. Rama Krishna,

Soft skills trainer, JBREC Mr.Rama Krishna explained about soft skills Soft skills are important because they enhance workplace dynamics, drive career progression, and boost organizational productivity and efficiency. These interpersonal abilities, such as communication, teamwork, and problem-solving, are crucial for an individual's success and are highly valued by employers, often playing a key role in hiring and promotion decisions. Strong soft skills improve client relationships and can result in a better return on investment for companies



#### SITHA -Prof Jagga Raju, JBRAC

Speaking at the event, Dr. Jaggaraju, Professor, College of Archtecture, JBRAC informed the students that "SITHA is more than an app — it's a movement which creats a world where no woman has to choose between her career and her family. Our goal is to make every woman financially independent by turning her skills into a livelihood. Amidst so many heroes, the women who are change makersshare great future



### Interaction by Dr. LV Reddy, Dean IQAC Chairperson, JBREC

Dr. LV Reddy, Dean IQAC, JBREC interacted with the students stressing of emerging technologies that will significantly alter the status quo of the society in future. He commented that emerging technologies are in early development with high potential for societal and economic impact, including fields like Artificial Intelligence (AI), Quantum Computing, Biotechnology, the Internet of Things (IoT), and Blockchain. They are poised to become important and influential as they represent new frontiers in science, technology, and industry, including digital marketing, data analytics, and specialized management fields.



#### Warm -up activities

#### Colours of Compassion – Dr. Anitha – BMC

Dr. Anitha, Psychologist expounded on the limits and abilities, as well as the boundaries one canset for oneself, the need to possess strong personal values and a sense of themselves as individuals, accepting responsibility, forming identity and becoming an independent young adult.

She dealt upon the specific physical, socio-economic and emotional vulnerabilities that adolescents experience. She also enlightened the audience about the behavioural traits of the young such as impulsive decision-making, reckless behaviour may lead them to behave stupidly and sometimes violently.

She drew the audience's attention towards psychosocial and behavioural concerns of the young which include one's feelings about gender roles, self-worth, and relationships with family and peers, especially those of the opposite sex and how to develop a positive attitude. Finally, she expounded the students on the skills and competencies needed to enable people to deal effectively with the challenges of everyday life and achieve healthy development during the period of adolescence.



"Goal Setting" - Address by Dean, Academics, JBREC

Dean Academics emphasized the importance of education, encouraging students' to embrace lifelong learning, seize opportunities, and develop leadership skills to contribute positively to society and their nation. The speechalso expressed appreciation for faculty and staff, highlighting the institution's commitment to student success.



## Y.V. Raja Reddy- Placement officer's Address

A placement officer's induction talk was welcoming, and informative covering institution's culture, history, values, and structure, as well as the new students' specific role, responsibilities, in achieving organization's goals. He enlightened the students on aspects such as Facing Interviews, Facing Group Discussions, Professional Resume Writing, Cracking Aptitude Exams, and Internship Projects.



#### 3. Students Activity Centre -Cultural events

Students Activity Centre conducted cultural events and entertained the students SAC Activities



"Who am I? Discovering Yourself: Emerging Booms & Imminent Dooms - Dr. N. R. K. Reddy

Dr. N. R. K. Reddy stressed on the importance of preserving one's culture which forms a huge part of who one is and the way one sees the world. Dr. Reddy explained when one lives in a place where culture is the mainstream culture, one need not have to put much effort into preserving it—it's all around you! But when one moves to another country or when younger generations lose contact with older generations, it is essential to actively preserve one's culture, or else one can risk losing the art, traditions, food, and language that give life its meaning



#### 2. G. Naveen, Assistant Professor & NSS Co-ordinator, EEE, JBREC

Mr. G.Naveen interacted with the students welcoming them to EEE Department. He highlighted the importance of the EEE field, and outlined the department's commitment to providing a strong foundation through expert faculty, modern facilities, and a blend of theoretical and practical learning. The speech encouraged students to actively engage in their education by embracing opportunities, collaborating with peers, and utilizing resources to develop both technical and professional skills for success in their future careers.

#### 3. Students Activity Centre -Cultural events

Students Activity Centre conducted cultural events and entertained the students SAC Activities

# 1. "Goals & Responsibilities of NCC Cadets" - Lieutenant Associate NCC Officer- Mr.T. Gangaram Singh

An NCC officer's speech highlighted the skills and character traits developed through NCC training, such as leadership, confidence, and social responsibility. He delivered clearly and confidently, using personal stories and examples to motivate the students to join NCC emphasizing the broader impact of the NCC on developing a developed and responsible citizenry.



#### Expected outcome of engineering graduates, topic explained by Dr.G.Srinivas, Asst. Prof, ECE Dept.,

The expected outcomes for engineering graduates include a variety of career paths, from traditional engineering roles to jobs in management, finance, and data science. However, the modern job market also demands advanced technical expertise and a balanced set of soft skills, such as communication and adaptability.



#### 4. Students Activity Centre -Cultural events

Students Activity Centre conducted cultural events and entertained the students SAC Activities

# 1. Oral Health & Hygiene- Dr. Sai Pravallika, Senior Faculty, Dept. of. Public Health Dentistry, Balaji Dental College & Hospital, Hyderabad

Balaji Dental College conducted general Dental heath check up by visually examining teeth and gums for issues like decay and gum disease, also discussed oral health history to create a treatment plan if needed.



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website: www.jbrec.edu.in, e- mail: principal@jbrec.edu.in

### I B.Tech. Orientation Programme & Induction Programme Tentative Schedule 2024-2025

As our intake is increased to 600 and we may have 550 students in the first year 2024-25. In the induction programs we need to have two venues, seminar hall and room number 223(CSE&IT/second part of the library reading hall(AIML,ECE,ME,DS&EEE).

**Venue 1 (JBREC, SEMINAR HALL)** 

Date	Time	Activity/ Topic	Resource person
21/08/2025	10.30PM to 3.30PM	Orientation Programme	
Day 1	9.30AM to 10.00AM	Attendance by Class in-charges	
	10.00AM to 10.30AM	Warm up Session	
	10.30AM to 11.30AM	Institutional rules and regulations, norms, academic and administrative structure	Dr. B.Venkata Ramana Reddy Principal
22/08/2025	11.30AM to 12.30AM	Time Management	MR.S.KENNEDYBABU- EDCDEAN
	12.30PM to 1.30PM	LUNCH BREAK	
	1.30PM to 2.00PM	Attendance by Class in-charges	
	2.00PM to 3.30PM	Cultural Activity	SAC
	9.30 AM to10.30AM	Attendance by Class in-charges	
	10.30AM to12.30PM	Viswa Spoorthy	
Day 2 23/08/2025	12.30PM to 1.30PM	LUNCH BREAK	
	1.30PM to 2.00PM	Attendance by Class in-charges	
	1.30PM to 2.00PM	Industry expectations from fresher Introduction to various technical forums of JBREC	Mr.G.Naveen, NSS Co-ordinator

	2.00PM to 3.30PM	Importa	ance of Soft skills	Mr. Rama Krishna
	9.30 AM to10.30AM	Attendance by Class in-charges		s in-charges
	10.30AM to 11.30AM	13 steps to bloody marks		Mr. M.Srinivas Rao, Assoc. Prof. ECE Dept.,
	11.30 AM to 12.30PM	Goal setting		Dr. L.V.Reddy, IQAC, Chairman
	12.30PM to 1.30PM	LUNCH BREAK		
Day 3 25/08/2025	1.30PM to 2.00PM	Value Education		Dr. Srinivas, Dean Academics
	2.00PM to 3.00PM	Importance of English Language		Dr. T.Anitha, Asst Prof. JBREC
	3.00PM to 4.00PM	Time Management		Dr. Angelina Professor CSE Dept.,
Day 4 26/08/2025	9.30 AM to 10.00AM	Attendance by Class in-charges		
	10.00AM TO 11.30AM	Software Engineering		Dr. T.PRABAKARAN CSEHOD & Professor
	11.30AM - 12.30 PM	"Who am I? Discovering Yourself: Emerging Booms & Imminent Dooms		Dr. N. R. K. Reddy
	12.30PM to 1.30PM	LUNCH BREAK		
	1.30PM to 4.00PM	Sports		Jitender Reddy Physical Director
Day 5 28/08/2025	9.30 AM to10.30AM	Attendance by Class in-charges		
	10.30AM to 11.30AM	Visit to respective departments	CSE, IT, ECE, AI& ML, EEE, ME	Heads of respective Departments and faculty allotted by HoDs
	12.30 AM to 1.30PM	LUNCH BREAK		EAK
	1.30PM to 2.00PM	Anti-Ragging		Dr.B.Ravi Kumar, Anti- Ragging, Chief Coordinator

	2.00PM TO 3.00PM	Carrier Guidance	Mr.Y.V.Raja Reddy, Training & Placement Officer
	3.00PM TO 4.00PM	Library Visit	Class in-charges and Library team
	9.30 AM to10.30AM	Attendance by Class in-charges	
Day 6 29/08/2025	10.30AM to 11.30AM	Expected outcome of engineering graduate	Dr.G.Srinivas Asst. Prof. ECE Dept.,
	11.30 AM to 12.30PM	Oral Health & Hygiene	Dr. Sai Pravallika, Senior Faculty, Dept. of Public Health Dentistry, Balaji Dental College & Hospital
	1.30PM to 2.00PM	Adolescence Psychological issues	Dr. Anitha, Psychiatrist, Assoc Prof. BMC
	2.00PM TO 4.00PM	Sports	Jitender Reddy Physical Director
	9.30 AM to10.30AM	Attendance by Class in-charges	
	10.30AM to 11.30AM	SITHA	Empowerment of Women Prof Jaggaraju, JBRAC
Day 7	12.30PM to 1.30PM	LUNCH BREAK	
30/08/2025	1.30PM to 2.00PM	Career guidance	Mr.Y.V.Raja Reddy, Training & Placement Officer
	02.00PM to 3.30PM	"Goals & Responsibilities of NCC Cadets"	Mr.T. Gangaram Singh Lieutenant Associate NCC Officer
	03.30PM to 4.00PM	Closing session	

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### I B.Tech. Induction Programme Report 2025-2026

Date 19-10-2025

Time	Activity/Topic	Resource person	
DAY 1			
9.30 AM - 10.00 AM	Attendance	Staff, JBREC	
10.00AM to 10.30AM	Ice Breaking session to welcome and warm up the conversation with newly joined students	Dr. T Anitha	
10.30- 11.30 AM	SITHA- Empowerment of Women	Prof.Jaggaraju, JBRAC	
11.30 A.M - 12.30 PM	Principal's Address	Dr.B.Venkata Ramana Reddy	
12.30PM -1.30PM Lunch Break			
1.30 PM – 3.30 PM	SAC Activities	SACCommittee	
DAY 2			
9.30 AM - 10.00 AM	Attendance	Staff, JBREC	
10.00 AM- 10.30 AM	Warm -up activities	Dr. T Anitha	
10.30 AM - 12.30 PM	Colours of Compassion	Dr. B. Anitha - BMC	
	Felicitation of the Speaker		
	12.30 PM - 1.30PM	,	
Lunch Break			

2.00 PM - 3.00 PM	Address by Placement officer's	Y.V. Raja Reddy-	
3.00 PM - 4.00 PM	Cultural events	Student Activity Centre	
DAY 3			
9.30AM - 10.00 AM	Attendance	Staff, JBREC	
10.00 AM- 12.30 AM	You Walk This Way Only Once'	Dr.SSDasaka,ASM, VSM	
	Felicitation of the Speaker		
	12.30 PM - 1.30PM Lunch Break		
1.30 PM- 2.30 PM	"Goal Setting"	Address by Dean, Academics, JBREC	
2.30PM - 4.00 PM	Cultural events	Students Activity Centre	
	DAY 4		
9.30AM – 10.00 AM	Attendance	Staff, JBREC	
10-00 - 12-30	"Who am I? Discovering Yourself: Emerging Booms & Imminent Dooms	Dr. N. R. K. Reddy	
	Felicitation of the Speaker.		
	12.30 PM - 1.30PM Lunch Break		
1.30 - 2.30 PM	Addressing the gathering	G. Naveen, Assistant Professor & NSS Co- ordinator, EEE, JBREC	
2-30 - 4-00 PM	Cultural Activities	Students Activity Centre -Cultural events	
DAY 5			
9.30AM – 10.00 AM	Attendance	Staff, JBREC	
10.00 AM-12.30 PM	"Goals & Responsibilities of NCC Cadets" - Singh	Lieutenant Associate NCC Officer- Mr.T. Gangaram	
	12.30 PM - 1.30PM		

	Lunch Break	
1.30 PM -2.15 PM -	Interaction with Students	Dr. L.V. Reddy, Dean, IQAC Chairperson, JBREC
2.20PM - 2.50 PM	Interaction with Students	Dr. Gayatri, HOD, DS, JBREC
2.50 PM- 4.00 PM	Cultural events	Students Activity Centre
	DAY 6	
9.30 AM – 10.00 AM	Attendance	Staff, JBREC
10.00 AM - 12.30 PM	Oral Health & Hygiene	Dr. Sai Pravallika, Senior Faculty, Dept. of. Public Health Dentistry, Balaji Dental College &Hospital, Hyderabad
	12.30 PM - 1.30PM	
	Lunch Break	
130 PM – 2.30 PM	Motivational Speech	Dr. M.L.M Prasad, HOD, AIML, JBREC
2.30 PM- 4.00PM	Physics quiz	B. Srinivas, Ms. Rajeshwari, Ms. Srivani
	DAY 7	
9.30 AM – 10.00 AM	Attendance	Staff, JBREC
10.00 AM- 12.30PM	JBREC Library Tour	Librarian, Mr. M. Sudhakar
	12.30 PM - 1.30PM	
	Lunch Break	
1.30 PM – 2.30 PM	Yoga	Yoga Guruji
2.30 PM- 4.00 PM	Cultural events	Students Activity Centre

#### Introduction

An induction programme was conducted at JBREC from 22 August to 30 August 2025. It was a formal orientation and integration process for new students to familiarize them with our organization's culture, policies, procedures, and their specific roles. It aimed at making individuals feel welcome, prepared, and competent by connecting within the new environment

- I. Day 1-22 August, 2025
- 1. 9.30 AM 10.00 AM-AttendanceStaff, JBREC
- 2. Ice breaking session -10.00 AM 10.30 AM

An ice breaking session was conducted to the students at Venue 2 from 9.30 AM to 10.30 AM. A short activity was designed to help freshers to get to know each other, build rapport, and create a comfortable atmosphere for collaboration or discussion. These sessions involved getting to know each other's names, background, objectives, goals, interests etc.

### 3. 10.30- 11.0 AM - SITHA -Prof Jagga Raju, JBRAC

Speaking at the event, Dr. Jaggaraju, Professor, College of Architecture, JBRAC informed the students that "SITHA is more than an app — it's a movement which creates a world where no woman has to choose between her career and her family. Our goal is to make every woman financially independent by turning her skills into a livelihood. Amidst so many heroes, the women who are change makersshare great future.



#### 2. 11.30 A.M - 12.30 PM - Principal- Dr. Venkata Ramana Reddy's Address

The principal's induction speech began with a warm welcome to the students and introduced themto the Institution's mission and values, followed by an overview of key facilities available in the institution, academic programs, and important policies of the institution to help new students adjust to the College environment. The speech then transitioned to inspiring and motivating students, highlighting the opportunities for growth, leadership, and community participation. Finally, the speech concluded with a clear call to action, encouraging active engagement and expressing confidence in the students' future success.



#### 3. 1.30 PM - 3.30 PM - Students Activity CentreCultural events

Students Activity Centreconducted cultural events and entertained the students.

#### II. Day 2 - 23 August, 2025

- 1. 9.30- 10.00 AM- Attendance
- 2. 10.00 AM- 10.30 AM Warm -up activities

#### 3. 10.30.11.30 AM- Colours of Compassion - Dr. Anitha - BMC

Dr. Anitha, Psychologist expounded on the limits and abilities, as well as the boundaries one canset for oneself, the need to possess strong personal values and a sense of themselves as individuals, accepting responsibility, forming identity and becoming an independent young adult.

She dealt upon the specific physical, socio-economic and emotional vulnerabilities that adolescents experience. She also enlightened theaudience about the behaviouraltraits of the young such as impulsive decision-making; reckless behaviour may lead them to behave stupidly and sometimes violently.

She drew the audience's attentiontowards psychosocial and behavioural concerns of the young which include one's feelings about gender roles, self-worth, and relationships with family and peers, especially those of the opposite sex and how to develop a positive attitude. Finally, she expounded the students on the skills and competencies needed to enable people to deal effectively with the challenges of everyday life and achieve healthy development during the period of adolescence.



#### 4. 2.00 - 3.00 PM -Y.V. Raja Reddy- Placement officer's Address

A placement officer's induction talk was welcoming, and informative covering institution's culture, history, values, and structure, as well as the new students' specific role, responsibilities, in achieving organization's goals. He

enlightened the students on aspects such as Facing Interviews, Facing Group Discussions, Professional Resume Writing, Cracking Aptitude Exams, and Internship Projects.



#### 5. 3.00 - 4.00 - Students Activity Centre-Cultural events

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### II. Day 3 - 25 August, 2025

#### 1.9.30 AM - 10.00 AM- Attendance Staff, JBREC

### 2. You Walk This Way Only Once' - Dr.S.S Dasaka, ASM, VSM

Dr. Dasaka S.S explained the need to imbibe qualities such as honesty, empathy, courage, and discipline, alongside practical life skills like communication and problem-solving. He stressed on the importance of fostering self-confidence, resilience, curiosity, and a positive outlook for lifelong success. Also, traits such as respectfulness, gratitude, humility, and responsibility enable one to build strong character and become an ideal citizen of the country.



### 3. 1.30 - 2,30 PM - "Goal Setting" - Address by Dean, Academics, JBREC

Dean Academics emphasized the importance of education, encouraging students' to embrace lifelong learning, seize opportunities, and develop leadership skills to contribute positively to society and their nation. The speechalso expressed appreciation for faculty and staff, highlighting the institution's commitment to student success.



4. 2.30 - 4.00 - Students Activity Centre-Cultural events

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#### IV. Day 4 - 26 August, 2025

#### 1. 9.30 AM - 10.00 AM- Attendance Staff, JBREC

# 2. 10-30 - 12-30 - "Who am I? Discovering Yourself: Emerging Booms & Imminent Dooms - Dr. N. R. K. Reddy

Dr. N. R. K. Reddy stressed on the importance of preserving one's culture which forms a huge part of who one is and the way one sees the world. Dr. Reddy explained when one lives in a place where culture is the mainstream culture, one need not have to put much effort into preserving it—it's all around you! But when one moves to another country or when younger generations lose contact with older generations, it is essential to actively preserve one's culture, or else one can risk losing the art, traditions, food, and language that give life its meaning.



# 3. 1.30 - 2.30 PM - G. Naveen, Assistant Professor& NSS Co-ordinator, EEE, JBREC

Mr. G.Naveen interacted with the students welcoming them to EEE Department. He highlighted the importance of the EEE field, and outlined the department's commitment to providing a strong foundation through expert faculty, modern facilities, and a blend of theoretical and practical learning. The speech encouraged students to actively engage in their education by embracing opportunities, collaborating with peers, and utilizing resources to develop

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## 3. 2-30 - 4-00 PM-Students Activity Centre-Cultural events

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- V. Day 5 28 August, 2025
- 1. Attendance Staff, JBREC

# 2. 10.00 -12.30 - "Goals & Responsibilities of NCC Cadets" - Lieutenant Associate NCC Officer- Mr.T. Gangaram Singh



The NCC officer's speech highlighted the skills and character traits developed through NCC training, such as leadership, confidence, and social responsibility. He delivered clearly and confidently, using personal stories and examples to motivate the students to join NCC emphasizing the broader impact of the NCC on developing a developed and responsible citizenry.

# 3. 1.30 -2.15 PM - Interaction by Dr. LV Reddy, Dean IQAC Chairperson, JBREC

Dr. LV Reddy, Dean IQAC, JBREC interacted with the students stressing ofemerging technologies that will significantly alter the status quo of the society in future. He commented that emerging technologies are in early development with high potential for societal and economic impact, including fields like Artificial Intelligence (AI), Quantum Computing, Biotechnology, the Internet of Things (IoT), and Blockchain. They are poised to become important and influential as they represent new frontiers in science, technology, and industry, including digital marketing, data analytics, and specialized management fields.



#### 4. 2.20 - 2.50- Interaction by Dr Gayatri, HOD, DS, JBREC

Dr Gayatri, HOD, DS Interacted with the students on core concepts such as machine learning, data visualization, and statistical analysis, predictive modeling for sports, sentiment analysis on social media, building a recommender system, fraud detection, AI for healthcare, and exploring ethical considerations in AI.

### 5. 2.50 - 4.00 PM - Students Activity Centre-Cultural events

Students Activity Centreconducted cultural events and entertained the students SAC Activities



#### IV. Day 6 - 29 August, 2025

#### 1. Attendance Staff, JBREC

# 2. 9.30 - 12.30 PM- Oral Health & Hygiene- Dr. Sai Pravallika, Senior Faculty, Dept. of. Public Health Dentistry, Balaji Dental College & Hospital, Hyderabad

Balaji Dental College conducted general Dental heath check up by visually examining teeth and gums for issues like decay and gum disease, also discussed oral health history to create a treatment plan if needed.



# 3. 1.30 PM - 2.30 PM- Motivational Speech by Dr. MLM Prasad, HOD, AIML, JBREC

Dr. MLM Prasad HOD, AIML interacted with the students on essential areas of AIML such as creating chatbots for help, building tools like a personalized learning assistant or a fake news detector developing projects like a face recognition system for class attendance for image or text analysis, with particular reference to student feedback analysis.



#### 4. 2.30 - 4.00 Physics quiz conducted by B. Srinivas, Ms. Rajeshwari, Ms. Srivani

Science is a fascinating subject that helps us understand the world around us. At JBREC, we believe in making learning enjoyable and engaging for students. One of the best ways to spark interest in science is through quizzes that challenge young minds while providing valuable knowledge. In this regard, a Physics quiz was designed to enhance the students learning experience and make physics fundamentals, laws, equations, and questions enjoyable.

#### VII. Day 7 - 30 August, 2025

1. 9.30 - 10.00 AM - Attendance- Staff, JBREC

#### 2.10.00- 12.30- JBREC Library Tour by Librarian, Mr. M. Sudhakar

Librarian, Mr. M. Sudhakar demystified the JBREC library by providing clear guidance and support, to students to find books without making them intimidated. He guided the students to appropriate resources for research papers and assignments, helping them navigate large amounts of information.

He helped the students navigate the library's online databases and other digital tools when physical access is limited.



## 3. 1.30 pm - 2.30 PM - Yoga - Yoga Guruji

Yoga is frequently included in college induction programs to help new students manage stress, improve their physical and mental well-being, and foster a sense of community. In this regard, Yoga instructor demonstrated basic yoga postures (asanas), breathing techniques (pranayama), and relaxation exercises explaining the benefits for concentration, memory, and overall balance.



#### 4. Students Activity Centre - Cultural events

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